

Spiced Pumpkin Smoothie

Serves: 2

Ingredients

- 1 15 oz can organic canned pumpkin puree
- 2 tablespoons creamy almond butter
- 2 tablespoons maple syrup or brown sugar
- 2 tsp pumpkin pie spice or cinnamon
- 2 cups organic vanilla almond milk
- 1 cup ice cubes
- toasted pumpkin seeds

Instructions

1. Place all ingredients in blender and pulse until smooth
2. Top with a shake of pumpkin pie spice and garnish with pumpkin seeds
3. Enjoy!

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